

Research Support for LinguaFolio[®] and the European Language Portfolio

- [Effect of LinguaFolio[®] on Student Achievement and Self-Regulation](#)

Moeller, Theiler and Wu (2012) conducted a five year longitudinal study with 23 school districts and found a significant relationship between a student's ability to set goals and language achievement in the language classroom. A growth relationship was also revealed, with growth in goal-setting ability significantly related to growth in language proficiency. LinguaFolio[®] as evidenced in this study, proved to be an effective tool for promoting self-regulation in learners through structured goal setting.

- [Effect of LinguaFolio[®] on Student Motivation, Increased Task-Value and Self-Assessment](#)

An additional study with beginning language students at the university level (Ziegler & Moeller, 2012) revealed that LinguaFolio[®] use is linked to increased student intrinsic motivation, increased task-value, and more accurate self-assessment of learning.

- [Effect of LinguaFolio[®] in Disciplines](#)

Dema Clarke (2013) conducted an ex post facto examination of the relationship between goal setting and achievement to determine whether foreign language study that included LinguaFolio[®] participation led to increased student capacity that resulted in a difference in student academic achievement in other disciplines beyond the language area. This quantitative study sought to identify whether students who experienced LinguaFolio[®] as an intervention in their second language classrooms had higher achievement and performed better in other subject content areas in comparison to students who were not exposed to LinguaFolio[®].

The results indicated that the overall effect of foreign language study that included LinguaFolio[®] participation improved performance as measured by ACT scores and graduating GPA. LinguaFolio[®] students had significantly higher GPA and ACT scores in math, science, English, and reading and these scores increased with each additional year of participation in LinguaFolio[®].

In addition, these findings supported the conclusion that foreign language study that included LinguaFolio[®] goal setting intervention promoted the development of students' self-regulation skills. These studies support LinguaFolio[®] as an effective approach to increase self-regulated learning in students.